

Hot Breakfast Menu *8am to 11am*

Hot croissant with cotto ham and asiago	£4.95
Hot croissant with mozzarella and tomato	£4.50
Eggs and toast	£5.95
Eggs, bacon or prosciutto cotto and toast	£7.25
Eggs, bacon or prosciutto cotto, with mushrooms, tomato and toast	£8.25
Eggs, Fontina cheese with mushrooms, tomato and toast	£8.25
Eggs, smoked salmon with crème fraîche and toast	£9.25
Eggs, Italian sausage and toast	£8.50
Pancakes with blueberry or streaky bacon and maple syrup	£6.00 £6.50
Porridge	£3.50
Fresh fruit salad	£4.95
Vegetarian breakfast	£8.25

We also served selection of pastries, muffins and homemade granola.

All Day Menu *from 8am to 6.30 pm*

Soup of the day with sourdough bread	£8.50
Italian cured meat board	£13.95
Artisan Italian cheese board	£11.50
Manicomio antipasti – a selection of gastronomia, cured meats and cheeses	£23.50
Daily tasting platter, from	£3.00

Hot Dishes

Mixed mushrooms lasagne	£11.95
Char grilled Italian sausages, Borlotti stew	£12.50
Daily selection of ravioli, crespelle etc.	£11.95

Salads

Prosciutto di Parma, poached pears, goat cheese and pecan	£12.50
Buffalo mozzarella, aubergine, courgette with tomato dressing (v)	£11.05
Italian mixed char grilled vegetables with pesto (v)	£11.05
Gressingham duck with faro, pomegranate and endive	£10.95
Organic smoked salmon with lamb's lettuce and crème fraîche,	£12.25

Salads continued...

Baby spinach, fine green beans, peas with quadrello and lemon	£11.25
Grilled artichokes, lemon and parmesan bruschetta	£10.95

Bruschettas – see our daily specials

Panini – ciabatta with leafy salad

Prosciutto di Parma, Parmesan and tomato	£8.75
Italian cooked ham and Asiago cheese	£7.95
Milano salami and Taleggio	£7.95
Buffalo Mozzarella, tomato and basil (v)	£7.95
Creamy Gorgonzola and sun dried tomato and raddiccio (v)	£7.95

Side Orders

Plate of Prosciutto di Parma	£6.15
Rocket and shaved Parmesan salad	£5.00
Grilled artichokes	£6.15
Faro per lato	£6.20
Grilled vegetables	£6.50
Bowl of Italian olives	£3.25
Organic breads	£1.75
Homemade focaccia	£1.90
Handmade Torinese grissini	£3.50
Salty Dog crisps	£1.85

Cakes & Desserts – ask for daily specials

Raspberry tart	£4.55
Lemon pie	£4.00
Carrot cake	£4.00
Banoffee pot	£4.55
Bakewell tart	£4.55
Lemon polenta cake	£4.55
Cheesecake	£4.00
Salted caramel tart	£4.55
Rhubarb and apple crumble	£4.00

Cookies, Biscuits & Fairy Cakes

Fairy cakes; chocolate, coffee, raspberry etc.	£3.00
Chocolate and pecan brownie	£3.00
Warm chocolate cake, wheat free	£3.75
Handmade cookies; chocolate, oatmeal or peanut butter	£2.50
Lemon Madeleine	£1.00
Selection of handmade biscuits 100g; amaretti, lavender, sable or croccantini	£5.30
Baby macaroon	£1.00

Soft Drinks

Freshly squeezed;

Orange	£3.95
Pink Grapefruit	£3.95
Apple Juice	£3.05
Organic Apple & Apricot juice	£3.50

Belvoir Fruit Farm Presse	275ml
Pomegranate & Raspberry	£2.85

Luscombe Farm	350ml
Organic Sicilian lemonade	£3.50
Lime crush	£3.50
St Clements	£3.50
Elderflower bubbly	£3.50

Fentimans Botanically Brewed Beverages	275ml
Ginger beer	£3.25
Orange jigger	£3.25
Victorian lemonade	£3.25

	330ml
Coke <i>or</i> Diet Coke	£2.50
San Pellegrino Limonata <i>or</i> Aranciata	£2.50

Acqua Panna still water	£2.10 £3.95
San Pellegrino sparkling water	£2.10 £3.95

Sparkling

750ml 375ml 125ml

Prosecco, Furlan Valdobbiadene	£34.00 £23.00 £6.75
Spumante, Furlan Brut Rose NV	£40.50

White Wines

750ml 175ml 250ml

Sospiro bianco, Veronese IGT '09	£17.75 £4.50 £6.50
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Sauvignon, La Prade, France '09	£23.50 £5.75 £7.95
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Chardonnay, <i>unoaked</i> Mandra Rossa, Sicily, '09	£22.00 £5.50 £7.75
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Pinot Grigio, Venezie, Sentito, '09	£25.50 £6.25 £8.50
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Red Wines

Pieno Sud, Rosso. Sicily '09	£17.75 £4.50 £6.50
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Nero D'avola, Cantina La Vite, Sicily '09	£24.50 £5.95 £8.25
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Montepulciano D'Abruzzo, Umani Ronchi '09	£24.50 £5.50 £7.75
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Rose Wines

Rose D'Herault 'Pretty Gorgeous' France '09	£24.25 £5.75 £8.25
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Rioja Rose, Marques de Riscal, Spain '09	£25.00 £6.15 £8.75
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Beer

Peroni,	£3.75
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Limoncello Di Sorrento 50ml	£6.00
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